

Variable	Mean	SD	Min	Max
Age	35.2	12.5	18	65
Gender	0.45	0.50	0	1
Marital Status	0.60	0.49	0	1
Education	12.5	2.1	9	16
Income	3500	1500	1000	8000
Health Status	0.75	0.43	0	1
Employment Status	0.80	0.40	0	1
Life Satisfaction	4.2	1.5	1	7
Depression Score	1.8	1.2	0	4
Stress Level	3.5	1.8	1	6
Quality of Life	5.5	1.0	3	7
Resilience Score	2.5	1.5	0	5
Optimism Level	4.5	1.2	2	6
Gratitude Score	3.0	1.5	1	5
Forgiveness Level	3.8	1.8	1	6
Self-Compassion Score	2.8	1.2	1	4
Emotional Stability	4.0	1.0	2	6
Life Purpose Score	3.2	1.5	1	5
Meaning in Life Score	4.8	1.2	2	6
Existential Well-being	3.5	1.5	1	5
Transcendental Experience	2.0	1.0	0	3
Spiritual Growth	3.0	1.2	1	4
Inner Peace Score	3.8	1.5	1	5
Life Satisfaction (Control)	4.2	1.5	1	7
Depression Score (Control)	1.8	1.2	0	4
Stress Level (Control)	3.5	1.8	1	6
Quality of Life (Control)	5.5	1.0	3	7
Resilience Score (Control)	2.5	1.5	0	5
Optimism Level (Control)	4.5	1.2	2	6
Gratitude Score (Control)	3.0	1.5	1	5
Forgiveness Level (Control)	3.8	1.8	1	6
Self-Compassion Score (Control)	2.8	1.2	1	4
Emotional Stability (Control)	4.0	1.0	2	6
Life Purpose Score (Control)	3.2	1.5	1	5
Meaning in Life Score (Control)	4.8	1.2	2	6
Existential Well-being (Control)	3.5	1.5	1	5
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Marital Status	0.68	0.48	0	1
Education	12.5	2.1	9	16
Income	45000	15000	20000	80000
Health Status	0.75	0.43	0	1
Employment	0.82	0.38	0	1
Stress Level	3.2	1.8	1	5
Life Satisfaction	4.1	1.2	2	5
Resilience	2.8	1.5	1	5
Optimism	3.5	1.4	1	5
Gratitude	3.8	1.3	1	5
Self-Compassion	3.1	1.6	1	5
Emotional Regulation	3.4	1.4	1	5
Prosocial Behavior	3.6	1.3	1	5
Life Purpose	3.3	1.5	1	5
Meaning in Life	3.7	1.2	1	5
Existential Well-being	3.9	1.1	1	5
Overall Well-being	3.5	1.3	1	5

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